



Keep Wales safe this winter

This leaflet contains information on the steps we can all take to keep Wales safe and keep well this winter.

We all want the pandemic to be over, but the virus is still here and infecting people. Together we can keep each other safe.

If you've had your Covid vaccine - thank you. The vaccine has saved lives and prevented many people needing hospital treatment for Covid.

It's never too late to have your vaccine. Even if you've had Covid, it's still important you have the jab to increase your protection.

This winter, we're offering a booster jab. If you're eligible, please have the booster when it's offered to make sure you're fully protected against the virus.

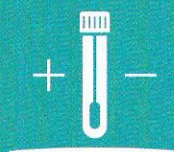


Vaccines are our best defence against Covid.

There are other things we can do as well, to keep ourselves and our families safe this winter.

The more of these we do, the better, to disrupt the transmission of Covid.

Always:



If you have any Covid symptoms, however mild, self-isolate and book a test. Call 119, book online or via the NHS COVID-19 app.



If you test positive, self-isolate for 10 days.



Wear a face covering in indoor public spaces and on public transport.



Use the NHS COVID Pass to attend venues or events.



Wash or sanitise your hands regularly and cough or sneeze into a tissue or your elbow.